

For the first time... the expert who teaches DOCTORS how to CURE WITH HYPNOTISM helps YOU unleash explosive powers you've kept "chained up" since babyhood!

# Are You Ready To Use SELF-HYPNOTISM To Make Life Give YOU What You Want!

Now, at last, the world-famous expert who teaches doctors and psychiatrists MEDICAL HYPNOSIS has prepared the master work of his life on SELF HYPNOTISM

... a book that reveals Nature's own key to reaching and controlling the subconscious—a technique that is available to all who dream of a better life—who want to increase their joy in simply being alive—who want more money, power and prestige—who deeply want a more beautiful and satisfying sexual life—who want to conquer pain and depression.

Now, don't let the word hypnotism frighten you for a minute. Many folks shy away from such a powerful force... yet how can a force which relieves tiredness instantly—that does away with pain and black moods—that stops nervous tension—a force that has been proven to be the greatest power in the world for self-advancement—a technique that you can use at the office, while traveling, anytime you wish—be anything but a marvelous force for good?

This astonishing technique is SELF HYPNOTISM, a method you can use *yourself*. It's a curative process you use in privacy, WITH THE GREATEST OF EASE AND SAFETY.

It's a force that can control fears—conquer bad temper—change bad habits overnight—turn sorrows into joys—transform defeats into overwhelming victories—a natural, joyous force God-given to every one of us. It is an infallible way of relaxing ourselves completely, of bringing back our natural feelings of vigor and vitality, of calling upon fantastic powers for use in study, learning, work, thinking, getting well from the "slings and arrows of outrageous fortune"!

## A "Programmed Course" in Living at Total Power

Through the techniques of SELF HYPNOTISM you learn self-confidence beyond anything you've ever dreamed of; you acquire a memory that is awesome in its dimensions; you say goodbye to depression and unhappy moods forever; you get rid, almost instantly, of mental blocks that have disrupted your life; you bury phobias and other morbid habits and face the world joyous and free.

You liberate your natural thinking ability. Instead of using just the top 10% of your mind, you release the explosive 90% that you've kept "chained up"... literally multiplying by TEN the brain power at your disposal. And this will make you richer faster than anything imaginable. The first day you start to use SELF HYPNOTISM, you'll begin to reach 100% brainpower and start building your money-making capacity at a phenomenal rate.

## Here Are Just a Few of the Secrets Revealed in This Fabulous Volume

The book helps you unlock the door to a full life with the seven keys to health and life-long vitality. Here, in these pages is the

### About the Author

LESLIE M. LeCRON is internationally known as one of the modern authorities on hypnotism and self-hypnotism. He is the author of three textbooks and many technical journal articles on medical hypnosis. He is a Fellow of the International Society for Clinical and Experimental Hypnosis, an honorary member of the British Society of Medical Hypnosis, and a member of the American Board of Psychological Hypnosis.



essence of a full-scale self-therapy program that has made author Leslie M. LeCron one of the most sought-after teachers in the world today. Here are just a few of the secrets revealed in this fabulous volume:

- How to use self-hypnosis to cure your slipped disc, backache, headache, low back pain, even the painful torticollis or "wry neck" that has defied medical science
- How to conquer a condition we call "loneliness" but which our subconscious mind knows to be a genuine starvation of our love needs
- The amazing truth about arthritis and bursitis—conditions which reveal themselves instantly to self-hypnotic probing
- How we subconsciously hold on to symptoms long after the "need" for them is gone. (Example: how to get rid of a 50-year bout with hay fever in just one session.)
- What happens to almost every asthmatic who is asked a sudden, unexpected question by a wise hypnotist
- Even if you've been smoking for twenty-five years you can give it up overnight—and actually enjoy the so-called "withdrawal" period
- How to relax completely and free yourself of each day's accumulation of nervous tension
- How to overcome the fear of death and illness
- How to use post-hypnotic suggestion to overcome hostility and anger, hopelessness, frustration, fear of rejection
- First time in print... the most effective way ever discovered to free yourself forever from life-ruining sexual inhibitions
- An entirely new and different way of controlling overweight—on a self-hypnotic diet that requires no dieting
- How to do away with fatigue in your life—forever
- The 10-count method that creates ideas—and brings you advancement in your job

Actually 36 Lessons That Show You How To Use SELF HYPNOTISM To Get What You Want From Life!

Every moment you spend reading Leslie M. LeCron's volume will be electric with excitement. With these unique, safe, extraordinarily easy techniques, you can give yourself the power that guarantees blooming new health—new success—in your business—a brand-new wonderful way of living.

Here, for the first time, is the "pendulum" test of reading the subconscious, the "finger-movement" technique of getting infallible answers to your problems. Here is how to give yourself post-hypnotic suggestions that instantly break bad habits such as smoking, drinking, even dope addiction. IN JUST ONE EVENING, you can use Self Hypnotism to master your emotions, make over your personality, turn your marriage into a glowing, impassioned success.

## Read Leslie LeCron's SELF HYPNOTISM for 30 Days —AT OUR RISK

Is this the day you decide to do something about your life? For with this book to help you, YOU CAN! Just mail the coupon with your check for \$5.98 and we'll send you a copy of SELF HYPNOTISM for a 30-day NO-RISK TRIAL.

The first time you relax through Self-Hypnotism you'll find your whole life changed because you will never before have felt such peace and contentment—and you'll arise from your relaxation period totally refreshed and ready for anything.

Yes, you have 30 days to prove it. If SELF HYPNOTISM doesn't meet every aspect of every dream you ever had for a fuller, richer, healthier, more beautiful life, simply return the book for a full refund. Make the right choice now—TODAY!

### MAIL NO-RISK COUPON TODAY

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Gentlemen: Please rush me a copy of Leslie LeCron's SELF HYPNOTISM, #80008. I enclose \$5.98 in full payment. In addition, I understand that I may examine this book for a full 30 days entirely at your risk. If at the end of that time, I am not satisfied, I will simply return the book to you for every cent of my money back.

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